

Department of Psychology

Kumaun University, Nainital

M.A. Psychology Syllabus

w.e.f. July, 20

(Department of Psychology)

The students enrolled for M.A. course in Psychology, Department of Psychology will be offered various courses/papers (of total 80 credits) during the four semesters. The various courses/papers offered during the first two semesters (first year of the study) will be of compulsory nature that aims to equip the students to undergo higher studies in the area of psychology. In the first semester the students will be offered four compulsory theory papers (each of 4 credits; total 16 credits) and a practical course based on the theory papers (4 credits). The course during the first semester is of 20 credits. In the second semester there will be four compulsory papers (each of 4 credits; total 16 credits) and a compulsory practical paper (of 4 credits) based on the theory papers. The course during the second semester is of 20 credits.

During the third semesters (the second year of the study) the students will have to go through two compulsory theory papers (each of 4 credits; total 8 credits) and they will be required to choose any two theory papers (each of 4 credits) among the available courses/papers (refer to the course structure for details). During this semester students will be required to study a compulsory open elective paper of 2 credits from other streams/subjects in addition to compulsory practical paper of 4 credits. The total credit of the course during the third semester is 22. In the last semester (IV semester) students will opt any two elective papers from the available courses/papers (each of 4 credits) in addition to the compulsory papers of practical (4 credits) and research project/ dissertation (4 credits). The students will also be required to select a 2 credit course from the subject other than psychology. The total course credit of this semester is 18.

The specific courses offered in third and fourth semester will be announced by the Department immediately prior to that semester based on the availability of expertise, number of teachers, choices given by the students and any other relevant factor. The decision to offer elective



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(optional courses) in the third and fourth semester and the minimum and maximum intake in the specific courses will be taken by the departmental council of the Department of Psychology. Thus, the availability of the courses/papers during the third and fourth semesters may vary from session to session and it is not mandatory for the department to offer all courses/papers listed for these semesters.

Note: *M.A. Psychology students will opt a total of 4 credit papers from the other Department of the Faculty.*

M.A. SEMESTER – I


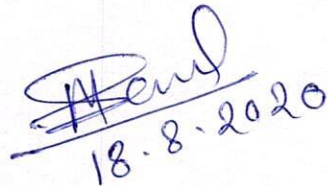

Paper No.	Title of Paper	Credit
CPS-101	Cognitive and Affective processes	04
CPS-102	Contemporary Issues of Social Psychology	04
CPS-103	Psychological Statistics	04
CPS-104	Research Methodology-I	04
CPS-105	Practical	04

M.A. SEMESTER – II

Paper No.	Title of Paper	Credit
CPS-201	Psychology of Learning and Memory	04
CPS-202	Social Psychology	04
CPS-203	Applications of Statistics in Psychology	04
CPS-204	Research Methodology-II	04
CPS-205	Practical	04

M.A. SEMESTER – III

Paper No.	Title of Paper	Credit
CPS-301	Conceptual Approaches of Personality	04
EPS-302	Child Development	04
EPS-303	Psychopathology-I	04

EPS-304	Foundation of Clinical Psychology	04
EPS-305	Organizational Behaviour	04
EPS-306	Human resource Management	04
CPS-307	Practical	04
OPS-308	Applications of Psychology in Human Life	02

M.A. SEMESTER – IV

Paper No.	Title of Paper	Credit
CPS-401	Dissertation	04
EPS-402	Psychopathology-II	04
EPS-403	Psychotherapies	04
EPS-404	Stress Management in organization	04
EPS-405	Organizational Communication	04
EPS-406	Practical	04
OPS-407	Health Psychology	02

Abbreviations:

CPS: Core course Psychology

EPS: Elective course Psychology

OPS: Open Course Psychology

Papers offered in Credit Transfer Programme in Psychology

The following papers in Psychology are being offered to Master students of other Departments/Faculty.

Paper No.	Title of Paper	Credit
OPS-308	Applications of Psychology in Human Life	02
OPS-407	Health Psychology	02

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M.A. SEMESTER-I

CPS-101

Cognitive and Affective processes

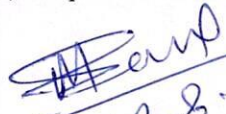
Credits- 4

- UNIT-I Attention:** Nature and characteristics of attention. Types of attention. Determinants of attention. Nature and determinants of selective attention. Theories or models of selective attention. Nature and determinants of sustained attention. Theories of sustained attention
- UNIT-II Perception:** Nature of perception, Perception of form, Perceptual constancies. Depth and space perception. Perception of movement: real and apparent. Perceptual defense and perceptual vigilance. Perception of time. Effects of set and motivational variables on perception.
- UNIT-III Approaches and Theories of Perception:** Physiological, Gibsonian, Information Processing, Gestalt and Behaviouristic approaches or theories.
- UNIT-IV Motivation: Definition, Types of motives:** Biogenic and sociogenic motives. Theories Of motivation: Maslow's need hierarchy theory, Herzberg's two factor theory, Mc Clelland's need theory. Measurement of motives.
- UNIT- V Emotion:** Concept of emotion. Physiological correlates of emotion. Theories of emotion: James-Lange, Cannon-Bard, and Activation theories. Measurement of emotion.
- UNIT-VI Psychophysics:** Nature and Meaning of Psychophysics. Methods of Psychophysics, Signal Detection theory.

Books Recommend:

1. त्रिपाठी, एल. बी.(1999). आधुनिक प्रायोगिक मनोविज्ञान आगरा: भार्गव बुक हॉउस
2. सिंह, आर.एन., एवं भारद्वाज, एस.एस.,(2010). उच्च प्रायोगिक मनोविज्ञान, आगरा: अग्रवाल पब्लिकेशन
3. अजिमुर्द रहमान., सामान्य मनोविज्ञान, दिल्ली: मोतीलाल बनरसीदास
4. सिंह, ए.के.,(2000) उच्चतर सामान्य मनोविज्ञान, दिल्ली: मोतीलाल बनरसीदास
5. Galotti, K.M., (2014) Cognitive Psychology: In and Out of the Laboratory (5e). N.Delhi: Sage
6. Dember, W.M., & Warm, J.S. (1979) Psychology of perception. Holt Rinehart
7. Cofer, C.N., & Appley, M.H. (1964). Motivation: Theory and Research. New York: Wiley
8. Gluck, M.A. et al (2013) Learning and Memory, New York : Worth
9. Passer & Smith, (2007). Psychology. Pearson Education.
10. Woodworth, R.S., & Schlosberg, H. (1954). Experimental Psychology. New York: Holt




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CPS-103

Psychological Statistics

Credits-4

- UNIT-I Measures of Central Tendency:** Calculation of Mean, Median and Mode. Properties of mean, median and mode and when to use mean, median and mode.
- UNIT-II Measures of Variability:** Calculation of Quartile Deviation and Standard Deviation. Coefficient of variation. When to use various measures of variability.
- UNIT-III Coefficient of Correlation:** Meaning and types of correlation. Calculation of coefficient of correlation by product moment method. Correlation from ranks. Biserial correlation. Point Biserial correlation, Tetrachoric correlation. Phi-coefficient and Contingency coefficient.
- UNIT-IV Partial and Multiple Correlation:** Meaning of Partial and Multiple Correlation, Multiple Correlation involving three variables. The significance of partial r. partial regression coefficient and Multiple R.
- UNIT-V Regression and Prediction:** Meaning and nature of regression. Regression equation in score form and regression equation in deviation form

Recommended books-

1. Ferguson, G.A., Statistical Analysis in Psychology and Education. McGraw Hill: International book company
2. Asthana, H.S., & Bhushan, B., (2007), Statistics in social sciences with SPSS Application, N. Delhi : Prentice Hall of India
3. Verma, and Ghufuran, M. (2012). *Statistics for Psychology*, N. Delhi: Tata McGraw Hill
4. Garret, H., (1969) Statistics in Psychology and Education. Bombay :Vakils, Feffer and Simons Ltd.
5. Broota, K. D., (1992) Experimental Design in Behavioral Research N. Delhi : Wiley Eastern.
6. गुप्ता., एस. पी., (2005)सांख्यिकीय विधियाँ ,इलाहाबाद : शारदा पुस्तक मंदिर
7. कपिल, एच. के., सांख्यिकीय के मूल तत्व , आगरा : बिनोद पुस्तक मंदिर
8. अस्थाना, बी., (2009) मनोविज्ञान एवं शिक्षा में सांख्यिकीय आगरा : अग्रवाल पब्लिकेशन

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9. सिंह, ए. के., (2000) परीक्षण, मापन एवं शोध विधि, पटना: भारती भवन

CPS-104

Research Methodology-I

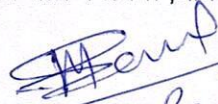
Credits-4

- UNIT-I Scientific Research:** Nature of science and scientific method. Meaning and characteristics of scientific method. Nature and purpose of psychological research. Types of psychological research: Correlational, Experimental and Ex-post facto.
- UNIT-II Research Problem and Hypothesis:** Nature and characteristics of research problem. Sources of research problem. Evaluation of research problem. Hypothesis: Meaning and nature of hypothesis. Difference between problem and hypothesis. Characteristics of good hypothesis. Function of hypothesis.
- UNIT-III Variables and Control:** Meaning and nature of variables. Characteristics of variables. Different techniques of controlling variables.
- UNIT-IV Research Design:** Nature of research design. Purpose of research design. Criteria of research design. Types of research design.
- UNIT-V Main Research Designs (Theoretical Aspects):** Within group design, between group design, factorial design, quasi-experimental design.

Books Recommended –

1. Kerlinger, F.N., (1993) Foundation of behavioral research ,surzeet publication
2. Broota, K.D., (1992), Experimental design in behavioral research, N.Delhi: Wiley eastern,
3. Edwards, A.K., (1996) Experimental design in Psychological research, New York
4. Jones, R.A., (1985) research method in the social science and behavioral sciences
5. सिंह, ए. के. (1997) मनोविज्ञान, समाजशास्त्र तथा शिक्षा में शोध विधियाँ दिल्ली: मोतीलाल बनरसीदास
6. त्रिपाठी, एल., अनुसन्धान विधियाँ आगरा: भार्गव पब्लिकेशन
7. हकीम, एम. ए., एवं अस्थाना, वी., (1994) मनोविज्ञान शोध विधियाँ ,आगरा: विनोद पुस्तक मंदिर




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CPS-105

Practical

Credits-4

Any five from the following

1. Perceptual defense/vigilance
2. Temporal perception
3. Phi-phenomenon
4. Emotional maturity scale
5. Need for achievement
6. Person perception
7. Pro-social behavior
8. Social conformity
9. Cooperation and competition
10. Experiential deprivation

M. A. SEMESTER- II

CPS-201

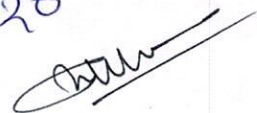
Psychology of Learning and Memory

Credits-4

- UNIT-I Conditioning:** Classical conditioning: paradigms and phenomenon. Operant conditioning: nature and types of operant conditioning. Differences between classical and operant conditionings. Extinction of conditioned responses. Generalization and discrimination. Types and patterns of reinforcement.
- UNIT-II Theories of Learning:** Thorndike, Tolman, Hull, Skinner and Guthrie.
- UNIT-III Verbal Learning:** Experimental material and Procedure. Determinants of verbal learning. Organizational processes in verbal learning.
- UNIT-IV Memory:** Meaning of memory. Types of memory: Sensory memory, short-term memory, long-term memory. Types of long-term memory: Episodic, semantic, retrospective, prospective and procedural memory. Difference between STM and LTM. Information processing model of memory: Atkinson-Shiffrin Buffer model and Level on Processin Model.
- UNIT- V Forgetting:** Meaning and process of forgetting. Forgetting Curve. Methods of measuring forgetting. Determinants of forgetting, Theories of forgetting Strategies of improving memory.



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Recommended Books:

1. त्रिपाठी, एल. बी., (1999). आधुनिक प्रायोगिक मनोविज्ञान आगरा: भार्गव बुक हॉउस
2. सिंह, आर.एन., एवंभारद्वाज, एस. एस., (2010). उच्चप्रायोगिक मनोविज्ञान, आगरा: अग्रवाल पब्लिकेशन
3. अजिमुर्द, रहमान., सामान्य मनोविज्ञान, दिल्ली: मोतीलाल बनरसीदास
4. सिंह, ए.के., (2000) उच्चतर सामान्य मनोविज्ञान, दिल्ली: मोतीलाल बनरसीदास
5. Galotti, K. M., (2014). Cognitive Psychology: In and Out of the Laboratory (5e). N. Delhi: Sage
6. Bower, G. H., & Hilgard, E.R., Theories of Learning. (V.Ed.). N. Delhi : Prentice-Hall of India Pvt. Ltd.
7. D' Amato, M.R., (1970). Experimental Psychology. McGraw Hill
8. Passer & Smith (2007). Psychology. Pearson Education.
9. Postman, L., & Egen, J. P. (1949). Experimental Psychology: An Introduction. New York: Harper and Brothers.
- 10 Woodworth, R.S., & Schlosberg, H. (1954). Experimental Psychology. New York: Holt

CPS-202

Social Psychology

Credits-4

- UNIT-I Attribution:** definition of Attribution. Internal and external factors in attribution. Theories of attribution. Application of attribution theory.
- UNIT-II Aggression:** Nature of aggression. Theories of aggression; Instinct theory, Frustration –aggression theory, modified frustration theory, social learning theory. Prevention and control of aggression.
- UNIT-III Culture & Personality:** meaning of culture, type of culture. Meaning of personality relation between culture and personality.
- UNIT-IV Communication:** Nature of Communication. Types of Communication. Communication Process, A basic model of Communication. Factors influencing effectiveness of Communication, Barrier of effective Communication.
- UNIT- V Some Social Problems :** Poverty, Population and domestic violence.

Book recommended-

1. Baron, R.A., & Baron, D., (2000) Social Psychology, N Delhi: Prentice Hall
2. Taylor, S.E., Pepalau, L.A. & Sears, D.O. (2009) Social Psychology
3. Raven, B.H., & Rubin, J.Z. (1983) Social psychology (Second Ed) N, York : John wiley
4. त्रिपाठी, एल. बी., (1992), आधुनिक सामाजिक मनोविज्ञान आगरा: नेशनल साइकोलॉजिकल कारपोरेशन



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5. हुसैन, बी. एच., (1994), नवीन सामजिक मनोविज्ञान आगरा: विनोद पुस्तक मंदिर
6. सिंह, ए. के., (1991) सामजिक मनोविज्ञान की रूपरेखा, दिल्ली : मोतीलाल बनारसीदास

CPS-203

Applications of Statistics in Psychology

Credits-4

- UNIT-I** **The Normal Distribution:** Meaning and importance of normal distribution. Properties of normal distribution. Measuring divergence from normality. Application of normal probability curve.
- UNIT-II** **Significant of Mean and other Statistics:** Meaning of statistical inference. Significance of mean, r , and σ . Computation of t-values for independent and dependent samples. Level of significance. Type I and Type II errors in inference making.
- UNIT-III** **Analysis of Variance:** One way and two way.
- UNIT-IV** **Nonparametric test:** Chi-square, Median test, Mann-Whitney U test.
- UNIT- V** **Factor Analysis:** Assumptions and characteristics of factor analysis. Important terminologies of factor analysis. Principal Component analysis. Factor loading, Eigenvalues, Kaiser Criterion, the percentage variance explained, Varimax Rotation. Steps followed in factor analysis. Multiple Regression Analysis.

Book Recommended-

1. Ferguson, G.A., Statistical Analysis in Psychology and Education. McGraw Hill: International book company
2. Asthana, H.S., & Bhushan, B., (2007), Statistics in social sciences with SPSS Application, N. Delhi : Prentice Hall of India
3. Verma , and Ghufuran, M. (2012). *Statistics for Psychology*, N. Delhi: Tata McGraw Hill
4. Garret, H., (1969) Statistics in Psychology and Education. Bombay :Vakils, Feffer and Simons Ltd.
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7. कपिल, एच. के., सांख्यिकीय के मूल तत्व, आगरा : विनोद पुस्तक मंदिर
8. अस्थाना, वी., (2009) मनोविज्ञान एवं शिक्षा में सांख्यिकीय, आगरा : अग्रवाल पब्लिकेशन
9. सिंह, ए. के., (2000) परीक्षण, मापन एवं शोध विधि, पटना: भारती भवन

CPS-204

Research Methodology

Credits-4

- UNIT-I Non-experimental Research:** Meaning and characteristics of non-parametric research. Difference between experimental and non-experimental research. Types of non-experimental research: Survey research, Field studies, and Action research.
- UNIT-II Cross-cultural Research:** Meaning, nature and characteristics of cross-cultural research. Difference between intra-cultural and cross-cultural research. Methods of cross-cultural research. Merits and demerits of cross-cultural research.
- UNIT-III Sampling:** Meaning and purpose. Probability and non-probability sampling techniques. Biases in sampling.
- UNIT-IV Method of Data Collection:** Experimental, Interview, Observation, Questionnaire and Sociometry.
- UNIT- V Report Writing and Ethical Issues in Psychological Research. Qualitative Analysis.**

Book Recommended-

1. Kerlinger, F.N. (1993) Foundation of behavioral research, surzeet publication
2. Broota, K.D., (1992), Experimental design in behavioral research, N. Delhi: Wiley eastern,
3. Edwards, A.K., (1996) Experimental design in Psychological research, New York
4. Braun, V., & Clarke, V.(2018), Successful Qualitative Research : A Practical Guide for Beginners, Sage Publication
5. Jones, R.A., (1985) research method in the social science and behavioral sciences
6. सिंह, ए. के., (1997) मनोविज्ञान, समाजशास्त्र तथा शिक्षा में शोध विधियाँ दिल्ली: मोतीलाल बनरसीदास
7. त्रिपाठी, एल., अनुसन्धान विधियाँ आगरा: भार्गव पब्लिकेशन
8. हकीम, एम. ए., एवं अस्थाना, वी., (1994) मनोविज्ञान शोध विधियाँ, आगरा: विनोद पुस्तक मंदिर

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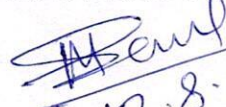
1. Serial learning
2. Short-term memory
3. Long-term memory
4. Measurement of PI/RI
5. Ziegarnik effect
6. Attitude change
7. Measurement of stereotypes/prejudice
8. Interpersonal attraction
9. Moral values
10. Effect of success on group cohesiveness

M. A. SEMESTER-III

- UNIT-I** **Introduction:** Meaning of personality; Theoretical approaches to personality. Type approach & Trait Approach. Determinants of Personality Biological or Physical determinants. Psychological determinants. Social determinants.
- UNIT-II** **Measurement of Personality:** Personality Inventory. Projective methods. Observational methods.
- UNIT-III** **Psychoanalytical:** Freud, Adler, Jung, & Neo-Freudian. (Horney, Sullivan and Fromm)
- UNIT-IV** **Dispositional approaches:** Allport, Cattell and Eysenck, Big Five Theory.
- UNIT- V** **Behavioural and cognitive approach :** Mischel and Skinner,
- UNIT- VI** **Phenomenological approach:** Rogers and Maslow.

Books Recommended-

1. सिंह, ए. के., व्यक्तित्व का मनोविज्ञान, दिल्ली मोतीलाल बनारसीदास



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2. श्रीवास्तव, आर. जी., व्यक्तित्व का मनोविज्ञान, दिल्ली मोतीलाल बनारसीदास
3. भाकुला, ए., व्यक्तित्व: संप्रत्यय, सिद्धान्त एवं निर्धारक, दिल्ली राधा प्रकाशन
4. Sarason, L.A., (1972) Personality: An Objective Approach, N York : John Wiley & Sons. Inc
5. Hall, S.H., Lindzey, G., & Campbell, J.B., (2004) Theories of Personality (Fourth Edition) N. York John Wiley & Sons. Inc

CPS-302

Child Development

Credits-4

- UNIT-I** **Concept of development:** Principles of growth, maturation and development; Developmental stages.
- UNIT-II** **Determinants of development:** Biological and socio-cultural.
- UNIT-III** **Prenatal development:** Stages and factors affecting it.
- UNIT-IV** **Development during infancy:** Physical and motor development; Sensory and perceptual development; Language, emotional and social development.
- UNIT- V** **Development during childhood:** Cognitive, social, emotional, moral and emergence of self.

Books Recommended

1. Berk, L.E., (2003). Child development. New Delhi: Prentice Hall.
2. Dworetzky J.P., (1984). Introduction to child development (2nd ed.). St. Paul: West Publishing Co.
3. Hurlock, J. B., (1997). Child psychology. (Hindi & English Versions) McGraw hill.
4. Kaluger, G. S., & Kaluger, M. F. (1984). Human development: The span of life, (3rd ed.). St.. Louis: Times Mirror.
5. भट्ट, जी., (1990) विकासात्मक मनोविज्ञान दिल्ली : दिल्ली यूनिवर्सिटी

CPS 303

Psychopathology-I

Credit-4

- UNIT-I** **Approaches of psychopathology:** Psychodynamic, Behaviouristic, Humanistic, Existential, and Cognitive approaches.
- UNIT-II** **Classifications in Psychopathology:** (I) WHO Classification (ICD-10), and

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(II) DSM- V

UNIT-III Anxiety Disorders: Nature, etiology, and symptoms of panic, phobic, Generalized anxiety disorders. Obsessive-compulsive disorder.

UNIT-IV Somatoform Psychophysiological Disorders: Nature, etiology and symptoms of dissociative disorder. Nature and types of Psychophysiological disorder. Etiology of gastro-intestinal respiratory, cardiovascular and skin disorder

Book Recommended-

1. Carson, R.C., (2007). Abnormal Psychology and Modern Life .Pearson Education, Inc.
2. Sarason, G.I., & Sarason, B. R. (2009). Abnormal Psychology: The Problem of Maladaptive Behaviour (II Edition). Pearson Education, Inc
3. Barlow, D.H., & Durand, V.M. (1999). Abnormal psychology (2nd ed.).Pacific Grove: Books/ Cole.
4. Davison, G.C., Neal, J.M. & Kring, A.M. (2004). Abnormal psychology. (9th ed.). New York: Wiley.
5. Nolen- Hoeksema, S., (2004). Abnormal Psychology 3rd Edn. McGraw Hill: New York, USA.
6. Alloy, L.B., Riskind, J.H., & Manos, M.J. (2005). Abnormal Psychology: current perspectives. 9th Edn. Tata McGraw-Hill: New Delhi, India.
7. Rychlak, F., (1973). Introduction to personality and psychopathology. New York: Houghton Mifflin.
8. Butcher J.N., Mineka, S., and Hooley, J. M. (2014) Abnormal Psychology (15thEd.) Dorling Kindersley (India) Pvt. Ltd. of Pearson Education.
9. सिंह, ए. के., (2002) आधुनिक असामान्य मनोविज्ञान नई दिल्ली : मोतीलाल बनारसीदास

CPS 304

Fundamental of Clinical Psychology

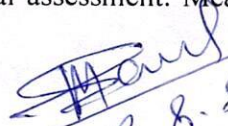
Credit-4

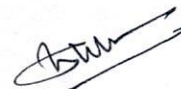
UNIT-I Introduction: Brief history and scope of clinical psychology. Definition and nature of clinical psychology. Role of clinical psychologists. Issues in profession of clinical psychology.

UNIT-II Perspectives of Clinical Psychology: Motivational perspective, adaptational perspective, and ecological perspective.

UNIT-III Clinical Assessment: Meaning and nature of clinical assessment. Purpose of clinical assessment. Stages of clinical assessment. Meaning, nature, types, and




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stages of clinical interview.

UNIT-IV **Test in Clinical Use:** Role of psychological test in psycho-diagnosis. Different tests in clinical use: WAIS, MMPI, TAT, Rorschach test.

UNIT- V **Neuropsychological Assessment:** Meaning and purpose of neuropsychological assessment. Concept of minimal brain dysfunction. Techniques of neuropsychological assessment.

Book Recommended-

1. Krochin, S.J., (1989). Modern Clinical Psychology. C.B.S Publishser Sharada .
2. Wallon, R.W., (1956) Clinical Psychology, Tata McGraw Hill.
3. Wolman, B.B., (1975) Handbook of clinical psychology , N. York, McGraw Hill
4. सिंह, ए. के., (2002) उच्चतर नैदानिक मनोविज्ञान, नई दिल्ली : मोतीलाल बनारसीदास
5. सिंह, आर.पी., (1981) नैदानिक मनोविज्ञान आगरा: विनोद पुस्तक मंदिर
6. कपिल, एच. के., आधुनिक नैदानिक मनोविज्ञान आगरा : भार्गव पब्लिकेशन

EPS-305

Stress Management

04 Credits


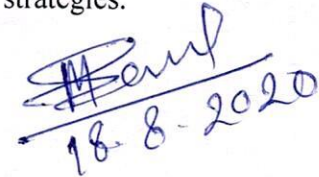
UNIT-I **Organizational stress: Concept-** different perspectives, symptoms, individual factors influencing job stress.

UNIT-II **Causes of job stress:**Personal characteristics, organizational structure and change, properties of work and work setting, job role, machine pacing and shift work.

UNIT-III **Consequences of job stress:** Job behaviour, job satisfaction, performance, absenteeism; health strains- physical illness, mental/ psychological symptoms.

UNIT-IV **Stress management interventions** Individual centered- cognitive, behavioural, and physical. Organization centered-preventing, mitigating and moderating organizational stressors.

UNIT- V **Coping with stress:** Types of coping strategies.



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Books Recommended -

1. Matteson, M.T., & Ivancevich, J.M. (1987). Controlling work stress: Effective human resources and management strategies. San Francisco: Josey Bass.
2. Pestonjee, D.M., (1992). Stress and coping. New Delhi: Sage Publications.
3. Ross, R. R., & Altmair, E.M. (1994). Interventions in occupational stress. New Delhi: Sage Publications.
4. Srivastava, A.K., (1999) Management of occupational stress: Theories and practice. New Delhi: Gyan Publishing House.

CPS – 306

Organizational Behaviour

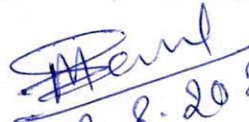
Credit-4

- UNIT-I Introduction:** Historical developments in OB, the organizational system; structural characteristics of organizations; organizational designs; challenges and opportunities for organizational behavior.
- UNIT-II Leadership:** Trait, behavioural, contingency, and contemporary theories; leadership styles and skills, contemporary issues in leadership
- UNIT-III Power and politics in organizations:** Bases of power and power tactics. Politics: Power in action, factors related with political behavior.
- UNIT-IV Conflict and negotiation:** Intra-individual, interpersonal, and inter-group conflicts; conflict process; Negotiation strategies and process.
- UNIT- V Organizational culture:** Nature and types; developing and maintaining organizational culture and customer responsive culture; promoting ethics in organizational culture.

Recommended Books:

1. George, J. M., & Jones, G. R. (2005). Understanding and managing organizational behavior (4th Ed.). Upper Saddle River, NJ: Prentice Hall.
2. Hellriegel, D., & Slocum, J. W. (2004). Organizational behavior. South Western: Thompson
3. Luthans, F., (2005). Organizational behavior (12th Ed.). New York: McGraw Hill.




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4. Riggio, R. E., (2003). Introduction to industrial/organizational psychology (4th Ed.). Upper Saddle River, NJ: Prentice-Hall.
5. Robbins, S., Judge, T.A., & Sanghi, S. (2009). Organizational behavior. (13th Ed.). New Delhi: Pearson Education.

CPS-307

Practical

04 Credits

Students are required to conduct any five practical from the following:

1. 16 PF
2. Alienation
3. Locus of control
4. Emotional maturity
5. Self-esteem/ self-concept/ Self-efficiency
6. Administration of a test of vocational interest
7. Administration of a test of aptitude
8. Administration of a test of values

OPS-308

Application of Psychology in Human Life

Credits -02

UNIT-I Applied psychology: nature and scope.

UNIT-II Mental health and well-being: Concept and indicators; techniques for improving mental health and well-being.

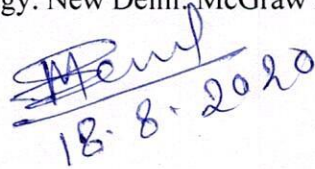
UNIT-III Stress: Concept, stress disorders, coping strategies

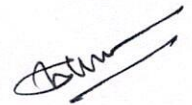
UNIT-IV Psychological Interventions for Social problems: Prejudice, social conflicts, crime & delinquency, drug addiction

Books Recommended-

1. रस्तोगी, जी. डी., व्यावहारिक मनोविज्ञान आगरा: भार्गव पब्लिकेशन
2. सिंह, ए. पी., व्यावहारिक मनोविज्ञान, नई दिल्ली : पियर्सन
3. Anastasi, A., (1979). Fields of applied psychology. New Delhi: McGraw Hill.




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4. Goldstein, A. P., & Krasner, B. (1987). Modern applied psychology. Elmford, New York: Pergmon Press.
5. McCormick, E.J., & Ilgen, D. (1980). Industrial psychology. Englewood Cliffs, N.J.: Prentice Hall.

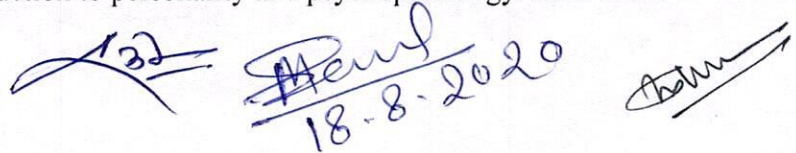
M. A. SEMESTER-IV

CPS-401	Dissertation	Credit-4
EPS-402	Psychopathology-II	Credit-4

- UNIT-I** **Schizophrenia and Delusional Disorders:** Types, Symptoms and etiology of schizophrenia and paranoia.
- UNIT-II** **Mood Disorders:** Etiology and symptoms of Uni- polar and bi-polar disorders.
- UNIT-III** **Personality Disorders:** Meaning and types of personality disorders. Etiology of impulsive, control disorders, substance related disorders (Alcoholic, and Nicotine), Sexual disorders.
- UNIT-IV** **Organic Mental Disorder:** Clinical features of organic mental disorders, organic system syndrome, delirium, dementia and Alzheimer.
- UNIT- V** **Mental Deficiency:** Meaning Nature, Types, Etiology, Treatment and prevention of mental deficiency. Deference between Mental deficiency and Mental disorder

Book Recommended-

1. Carson, R.C., (2007). Abnormal Psychology and Modern Life .Pearson Education, Inc.
2. Sarason, G.I., & Sarason, B. R. (2009). Abnormal Psychology: The Problem of Maladaptive Behaviour (II Edition). Pearson Education, Inc
3. Barlow, D.H., & Durand, V.M. (1999). Abnormal psychology (2nd ed.). Pacific Grove: Books/ Cole.
4. Davison, G.C., Neal, J.M. & Kring, A.M. (2004). Abnormal psychology. (9th ed.). New York: Wiley.
5. Nolen- Hoeksema, S., (2004). Abnormal Psychology 3rd Edn. McGraw Hill: New York, USA.
6. Alloy, L.B., Riskind, J.H., & Manos, M.J. (2005). Abnormal Psychology: current perspectives. 9th Edn. Tata McGraw-Hill: New Delhi, India.
7. Rychlak, F., (1973). Introduction to personality and psychopathology. New York: Houghton Mifflin.



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8. Butcher J.N., Mineka, S., and Hooley, J. M. (2014) Abnormal Psychology (15thEd.) Dorling Kindersley (India) Pvt. Ltd. of Pearson Education.
9. सिंह, ए. के., (2002) आधुनिक असामान्य मनोविज्ञान नई दिल्ली : मोतीलाल बनारसीदास

EPS-403


Psychotherapies

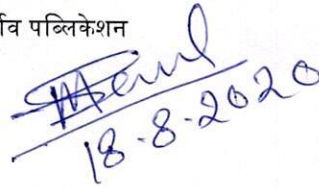
Credit-4

- UNIT-I** **Introduction:** Meaning and nature of psychotherapy, goals of psychotherapy, types of psychotherapy, needs of psychotherapy, role of client-therapist relationship.
- UNIT-II** **Psychoanalytic Therapy:** Meaning and historical perspective, goals of psychoanalytic therapy, Freudian psychoanalytic therapy and its evaluation.
- UNIT-III** **Behaviour Therapy:** Meaning and nature of behaviour therapy, historical background, Techniques: Systematic desensitization, Aversive therapy, Implosive therapy, Flooding, Assertiveness training, Contingency management, and Biofeedback. Evaluation of behaviour therapy.
- UNIT-IV** **Cognitive Behaviour Therapy:** Meaning and nature, Types of cognitive behaviour therapy- Rational emotive therapy, Beck's Cognitive therapy, Stress inoculation therapy, Social problem solving.
- UNIT- V** **Humanistic-Existential Therapy:** Nature and goals of humanistic-existential therapy, Client-centered therapy, Gestalt therapy, Logo therapy, Existential therapy, Evaluation of humanistic-existential therapy.

Book Recommended-

1. Krochin, S.J., (1989). *Modern Clinical Psychology*. C.B.S Publishser Sharada .
2. Wallon, R.W., (1956) *Clinical Psychology*, McGraw Hill.
3. Sandberg, N.D., & Tiler, L.E. (1963) Mathuen and Company limited London.
4. Wolman, B.B., (1975) *Handbook of clinical psychology* , N. York, McGraw Hill
5. सिंह, ए. के., (2002) उच्चतर नैदानिक मनोविज्ञान, नई दिल्ली : मोतीलाल बनारसीदास
6. सिंह, आर.पी., (1981) नैदानिक मनोविज्ञान आगरा: विनोद पुस्तक मंदिर
7. कपिल, एच. के., आधुनिक नैदानिक मनोविज्ञान आगरा : भार्गव पब्लिकेशन




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ECPS 404

Human Resource Management

Credit-4

- UNIT-I Fundamentals of HRM:** Foundation, nature, functions. HRM in changing environment – strategic human resource management
- UNIT-II Acquisition of human resource:** Planning, assessment of demand, job analysis, selection process.
- UNIT-III Training and development:** Socialization of employees, determining training needs, methods/techniques of training and development, evaluation of training programs.
- UNIT-IV Performance appraisal:** Performance appraisal system, process and methods of appraisal, distortion in appraisal, creating effective appraisal systems.
- UNIT- V Motivation and reward management:** Theoretical perspectives, establishing pay structure, incentives and compensational plans.

Recommended Books:

1. Beardwell, I., & Holden, L. (1996). Human resource management: A contemporary perspective. New Delhi: Macmillan India Ltd.
2. Bhatia, S. K., & Singh, N. (2000). Principal techniques of personnel management/ human resource management (2nd Ed.). New Delhi: Deep & Deep Publications Pvt. Ltd.
3. DeCenzo, D. A., & Robbins, S. P.(1999). Human resource management (6thEd). New York: John Wiley.
4. Dwivedi, R. S., (1997). Managing human resources: Personnel management in Indian enterprises. New Delhi: Galgotia Publishing Company.
5. Hersey, P., Blanchard, K. H. & Johnson, D. E. (1996). Management of organizational behavior: Utilizing human resource (7thEd). New Delhi: Prentice Hall of India Pvt. Ltd.
6. Dessler, G., & Varkkey (2009). Human Resource management, Delhi: Dorling Kindersley Pvt. Ltd. (India).

ECP- 405

Organizational Communication

Credit-4

- UNIT-I Conceptual framework:** Meaning and process of communication, perspectives; direction of communication flow, communication barriers.



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UNIT-II External communication: Environmental scanning; management of external communication.

UNIT-III Interpersonal communication: needs perspective, transactional analysis, Johari window; role of symbols, media and information technology, choosing among media; communication networks.

UNIT-IV Non-verbal communication: Dimensions and functions of non-verbal communication; cultural differences in nonverbal communication.

UNIT- V Communication for organizational effectiveness: Persuasion and influence, counselling, listening, orientation and feedback, conducting effective interviews, effective oral presentations.

Recommended Books-

1. Andrews, P. H., & Herschel, R. T. (1997). *Organizational communication*. (1st Ed.). New Delhi: A.I.T.B.S. Publishers.
2. Fisher, D., (2003). *Communication in organizations* (2nd Ed.). Bombay: Jaico Books.
3. Godhaber, G. M., (1990). *Organizational Communication* (5th Ed.). Bhubaneswar: Brown.
4. Lesikar, R.V., & Pettit, J. D. (1998). *Business communication: Theory and applications*. (6th Ed.). Illinois: Richard D. Irwin Inc.
5. Tubbs. S.L., & Moss, S. (2006). *Human Communication: Principles and Contexts*. (10th Ed.). McGraw Hill.


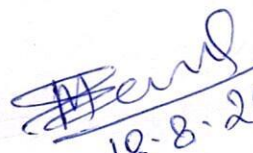
CPS- 406


Practical

credits-4

Students are required to conduct any five practical from the following:

1. WAIS (Performance/ Verbal)
2. MMPI
3. TAT
4. Rorschach
5. Anxiety Scale/ Death Anxiety
6. Depression
7. Reaction to frustration
8. EPQ/ EPI

 
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OPS-407

Health Psychology

Credit-2

- UNIT-I Health and wellbeing:** Concept and indicators, medical and bio-psycho-social models of health, Goals of health psychology, approaches to health.
- UNIT-II Health behaviour:** Role of behavioural factors in disease and disorders; Changing health habits;
- UNIT-III Stress and coping:** Conceptual models, Stress born health problems; coping strategies.

Recommended Books:

1. Baum, A., Gatchel, R. J., & Krantz, D. S. (1997). An introduction to health psychology. New York: McGraw Hill.
2. Baum, A., Revenson, T. A., & Singer, J. E. (2001). Handbook of health psychology. Mahwah, NJ: Lawrence Erlbaum.
3. Dimatteo, M. R., & Martin, L. R. (2002). Health psychology. Boston: Allyn& Bacon.
4. Marks, D., Murray, M., Evans, B., & Willig, C., Woodall, C., & Sykes, C.M. (2008). Health psychology: Theory, research and practice. New Delhi: Sage.
5. Radley, M. (1994). Health psychology: Bio-psycho-social interaction. New York: John Wiley.

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Abhinav